30 DISCUSSION STARTERS

If you could have the most perfect day, what would you include in it? What is the most difficult part about being a kid/teen? Tell me about your favorite family tradition! What gets on your nerves the most? If you could learn a new skill this year, what would it be? What is one thing you wish you could teach me? If you had to pick a new name for yourself, what would it be? Tell me about your happiest memory! If you could write a book or make a movie or design a game, what would it be about? What do you like most about yourself? Tell me what you worry about the most? What is most important to you in a friendship? If you could have one superpower, what would it be and why? What is something you wish grownups understood about kids/teens? If you picked our next family vacation, where would you like to go and why? Tell me what you think your life might look like when you're my age? What are you struggling with most right now? (*How can I help?*) If someone gave you a million dollars, what would you do with it? What is the best gift you've ever received? If you could be your favorite character in a movie or book, who would you be and why? What is one thing you need from me? If you could tame any animal to be your pet, which animal would you choose? What is something you don't understand about grownups? What gives you the most energy or excitement? If you could have dinner with two people (living or from the past) who would you pick? Tell me one thing you wish you could change about me. What five things would you grab from the house if it was on fire and you had the time? Where is your favorite place to be on earth? Tell me about your biggest dreams for this year! If today was our last day on earth, what would you want to do with me?